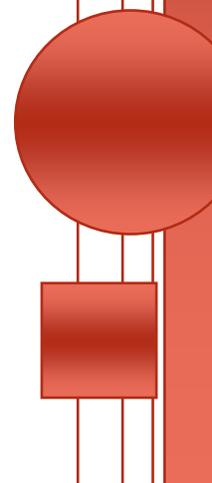


2015 ANNUAL REPORT

Asian Center – Southeast Michigan



Hepatitis B Program

We have screened 242 people for hepatitis B (HBV) in 2015, and the prevalence remained about the same as before, 6%. Forty-seven people received HBV vaccines. However, the free HBV vaccine program from MDHHS stopped at the end of June. AC-SE MI had to purchase some HBV vaccines to finish a few participants for their 3rd shots. Later in the year, AC-SE MI received a grant from Gilead to continue the HBV screening, vaccination, and patient navigation but not treatment.

Due to the operational procedure change at Quest Diagnostics, they sent us a spinner to spin the blood right after drawing before they would pick up. So now AC-SE MI had to bring the spinner to any health fair site to do this step, starting in January. We have to train our medical student helpers to manage this extra step. Usually it is quite busy at health fairs (see the picture on the right), this would be an extra burden.

We looked at the HBV vaccination program since 2010, and notice the take rate among eligible people (within 2 years of screened) is about 1 in 3 only. It looks like education is still needed.



Health fair with UM Asian med students

MDCH CLAS Project

AC-SE MI hosted a health Expo at Henry Ford West Bloomfield Hospital on 5/2/2015 to promote healthy eating and healthy life style awareness. There were 50 tables at the Expo, including 15 from non-profit organizations, and the remainder from different health related business vendors. Seminars were well received; lots of questions on bone and joint health. As usual, the most welcome lecture was again the kitchen demo. This year, the executive chef announced the top 3 winners of the recipe contest and presented awards to them.



Kitchen demo – most popular topic
More Expo pictures at the end of the report

All AC-SE MI partners agreed to take part in the Culturally & Linguistically Appropriate Service Standards (CLAS) project to cascade its standards to their communities, and practice them at all the time. This is the 2nd year, the Asian community attended this program and practice a few principles at their own organization. This 2-year program ended on 9/30.

AAA1B Resource Advocates programs

After 2 years in this program, AC-SE MI had a better handle of it. In 2015, AC-SE MI spent about 1200 hours, servicing 54 Asian seniors, slightly short on the target set by AAA-1B for Asian population. But our overall service to the area seniors is more than the target because we helped many non-Asian seniors during the MMAP open enrollment period.

Our services are very appreciated by the seniors because of our bi-lingual, sometimes multi-lingual agents. We are able to help seniors in their language problems and understand their cultural background and their precise needs. When requested, we helped them with seminar translation and document translation. Most of the assistance is in health related areas, such as insurance, Medicare, Medicaid. We also helped them set up Meals on wheels, and some of their house chores.

Through the Resource Advocates program, we met many community service organizations who have been servicing seniors in this area for long time. Even though many of them are not readily to serve Asian Americans (due to language barriers), our RAs are able to make connections and get input from other agency to find ways to help our senior. This relationship will grow as we stay longer in this business. Networking is helpful.

AAA1B 2015 Evidence-Base Health Workshop

In 2015, we offered 6 workshops in various health related subjects. The number of workshops and the number of participants who received the completion certificate are listed below:

Number of sessions	Name of Workshop	# of certificates
1	PATH (Chronic Disease self-management)	10
1	DPATH (Diabetes self-management)	14
1	Matter Of Balance	9
3	Healthy Eating	34
	Total	67

Among all the workshops we taught this year, Healthy Eating is the most popular one. However, it will be eliminated next year due to the lack of support from MDHHS.

Asian Center – SE MI

There was a request from Cranbrook senior housing in Ann Arbor to continue “English as a Second Language” workshop there after we offered to them in 2013. So AC-SE MI managed to hire a teacher to offer the workshop again. It was completed in the 1st quarter of this year. The Chinese seniors there would like us to continue adding more content; unfortunately our budget did not allow us to do so. It would be another program to keep in mind when there is an appropriate RFP again.

Sponsored by the Ann Arbor Community and Economic Development Center, AC-SE MI offered a series of lunch/learn nutrition program the week of 9/21/2015 at the Cranbrook Senior Housing. The lunches were offered on Mon, Wed and Fri; about 60 people participated each day. Everyone had a good meal and joined in the group discussion on some important health subjects and how to cook for healthy dishes. A report of this event was sent back to Ann Arbor Community and Economic Development Center, and it was well received. This was a good program for our seniors.

AC-SE MI, collaborating with Vietnamese American Association of Michigan, offered an annual health fair to Vietnamese and Chinese communities in Warren in October. It has always been an event for regular physical to a lot of fair goers as they have language barriers to see any physicians. Many Vietnamese would have hard time to attend because many own small business and weekend are premium time for them to make better business



Health Fair Sponsors



Health Fair

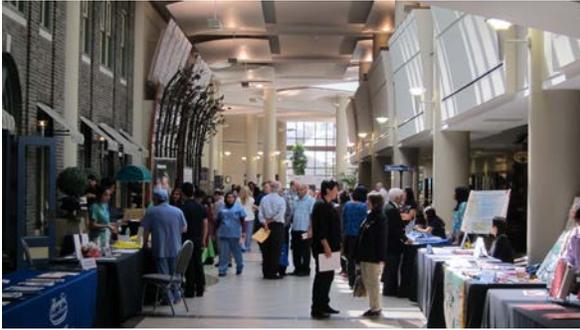
AC-SE MI, teaming up with Walgreen, has coordinated with 8 different Asian community organizations, churches and temples to offer flu shots in Oct and Nov this year. The total flu shots offered to the community is about 500 doses.

Where	When
American Chinese Association (ACA)	10/17/15,
Chinese Alliance Church	October
Asian Indian Temple in Pontiac	10/4/15.
Canton Hindu Temple	10/10/15
Troy temple	10/11/15
Health Fair in Warren with VAAM	10/17/15,
Korean Presbyterian Church	November
St Andrew Kim Korean Catholic Church	10/4/15,

The Chinese meal plan that AC-SE MI developed for the “Meals on Wheels” (MOW) program in Ann Arbor was completed in the summer of 2015 after 6 months working with Lucky Kitchen restaurant to meet the USDA nutrition criteria. A graduate student of nutrition major at the University of Michigan helped Dr. Lee, our Executive Director, to complete this task. There are a lot of Chinese seniors in Ann Arbor that are qualified for the MOW program, but they currently don’t subscribe it because they are not used to American food. AC-SE MI did a simple survey at

Cranbrook Senior housing and learned that they would subscribe if the program offers Chinese meals. However, the implementation did not happen this year, AC-SE MI will continue follow up in 2016.

Health Expo Pictures



Health Expo



HBV Seminar



Healthy kid's lunch



Yoga exercise demo



Recipe contests award ceremony



Poster Presentation

WISHING EVERY ONE A HAPPY NEW YEAR